



## Adult Grief Support Program

*A support group for adults  
who have experienced the death of a spouse/partner.*

The support group is led by a trained counselor. Each week we will focus on a different theme, such as “the work of grief”, “resiliency”, “finding meaning”, “change”.  
The group includes a discussion of coping strategies and helpful resources.

**Location: Vancouver Hospice Society at 4615 Granville Street**

**Dates: 6-8 PM on Tuesday evenings**

**From October 29th - December 3rd, 2019**

**Pre-registration is required.**

For information or to register, please contact

**Kayla Hochfelder**

By phone: (604) 737-7305 local 216

Or e-mail [counselling@vancouverhospice.org](mailto:counselling@vancouverhospice.org)

Vancouver Hospice Society is a registered charity.  
Your donation ensures that VHS can continue to offer free bereavement programs  
and other services to the dying and their families.